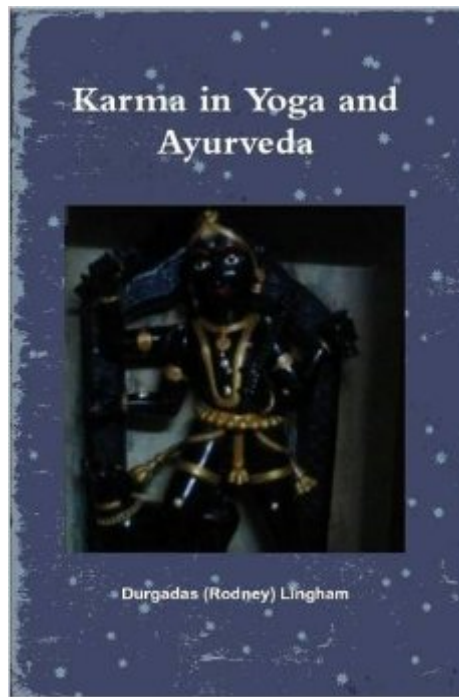


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# Karma In Yoga And Ayurveda



## Synopsis

Everyone has heard about the doctrine of karma, but how many actually understand the deeper subtle side behind karma and how it works? This book, describes what karma really is and how it works as also what subtle factors are behind our karmas, reincarnation and also the path of going beyond them as well as different types of karmas and how they can affect us. Discover the exact reasons why people are born with incurable diseases and psychological afflictions and suffering, and also how our gross body is formed from karma - factors which are not due to simply to some unknown cause or of an unjust God, but due to our own previous actions, or karmas!

## Book Information

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